



# Volunteer weekends:

Your chance to enjoy great exercise that helps our park

## *Saturday and Sundays*

- 21st / 22nd September
- 12th / 13th October
- 9th / 10th November

**10am to 3pm - come for as long or as little as you wish...**

Wear warm clothes and strong shoes or boots fit for the mud. Gardening gloves - we do have some, but your own may fit better...

**and we'll provide tools.**

Meet @ 10am @ our container,

OR find us later by our high vis vests,

OR ring or text 07764510984

<http://friendsofprincespark18.org.uk>

Refreshments provided but feel free to bring food... to share if you'd like!